



BODY FIRST
JUNIOR TENNIS
 WINTER/SPRING 2019

JUNIOR TENNIS TEEN SUNDAYS

Jan 6th- Feb 24th



Teen Tennis

Ages 13 and up

Beginner/Intermediate Teen Player.

Gives teens the opportunity to improve, and develop tennis skills in a low pressure, fun environment. Perfect for Middle Schoolers wanting who are coming back to tennis, those wanting to try out for their high school tennis team for the first time, or those wanting to learn to play the game.



Futures Match Play

7th Grade and Up

Intermediate/Advanced

For experienced players that have competed in USTA tournaments, or on their middle school team or played on their high school tennis team but did not play post season.

PRO APPROVAL REQUESTED



High School Elite Match Play

High School Players only

Advanced/Elite Tournament Player.

Recommended for players who are expecting to play in the post season (regionals, state, etc) or who significant USTA tournament experience.

PRO INVITE ONLY

Teen Tennis Clinic

Sun 3:45 pm –5:00 pm

\$130

Member price...\$100

Drop In not available

Future Match Play

Sun 5:00 pm –6:30 pm

\$160

Member price...\$120

Non Member Drop In- \$30

Member Drop In- \$20

Varsity Match Play

Sun 6:30 pm –8:00 pm

\$160

Member price...\$120

Non Member Drop In- \$30

Member Drop In- \$20

FAQs

How is Match Play different from clinics? Match Play will focus on providing match play experience and clinics will focus more on skills and technique.

We can not do Sundays are there any other options?

- GREEN GROUP**– Beginner/Intermediate Players age 11-13 (similar to Teen Tennis but will have younger players)
- FUTURES (TUESDAYS)** Middle Schoolers (A-Team) /High Schoolers (Junior Varsity) and younger players with USTA tournament experience
- FUTURES (THURSDAYS)** Varsity High School Players, Younger Players with Tournament experience

My child is currently in Futures but is not yet in middle school can they join the Futures Match play. Due to limited space and to help prepare for the players for the competitive experience at the middle school and high school levels we are limiting Futures Match Play to high school and middle schoolers only. We do offer some match play experience for younger players.

My child really needs help with their serve, forehand, backhand, etc. Will the pro be working on improving these skills during Match Play? Though the pro may time to give pointers and help a little with technique the focus will be on PLAYING MATCHES.

How do I know if my child is ready for join the Futures Match Play? Participants in Futures match play are expected to have the following skills

How do I do a Drop-In: Please call at least the before 2 pm the day of so if needed we can try to have additional instructors. Players should sign in and pay at the front desk prior to match play.